



Harold Klemp
The Spiritual Leader of Eckankar

The Missouri ECKANKAR Newsletter

ECKANKAR, The Path of Spiritual Freedom



**News of public Eckankar events in Missouri
October – November – December 2023**

VALUE OF HU

HU is the main mantra used in Eckankar. It has also been used in other spiritual traditions in the past. What makes this one-syllable word so powerful?

It's powerful because it's the ancient name for God. It's a name that some of the Eastern religions are aware of, but in the West it's pretty much an unknown name. And it is much more effective as a love song to God than just the simple Anglo-Saxon word *God*.

HU is ancient. When they come back to ECK, it's the name people recognize from other lifetimes. When they come back to ECK, they're going to remember. They're going to find help in their lives when using it, when singing it, because it makes a connection all the way back through the earliest times when people came to this planet. People who reincarnated a long time ago have this unconscious knowledge of it. And the ones who have been here before many times love the sound.

—Harold Klemp, *The Slow Burning Love of God*, Mahanta Transcripts, Book 13, pp. 67-68

Eckankar Missouri Meetup Groups

Kansas City	Meetup.com/eckankarinkansascity
Mid-Missouri	Meetup.com/eckankarinmidmissouri
Springfield	Meetup.com/eckankarinspringfield
St. Louis	Meetup.com/eckankarinsaintlouis



The Power of Grace

A SECRET TO SPIRITUAL LIVING

October 20 – 22, 2023
Minneapolis, MN

“We live in a time of unequalled spiritual opportunity.

The daily struggles that life presents are opportunities to cultivate spiritual grace.

Graceful living is to realize everything that comes into your life is for the good.

It is having the grace to accept
God's will as it appears.”

—Sri Harold Klemp,
the MAHANTA, the Living ECK Master
Featured Speaker

See www.ECKseminars.org for more information.
Guests enjoy complimentary registration.



You are warmly invited to visit the Temple of ECK in Chanhassen, MN while attending the 2023 Soul Adventure Seminar in Minneapolis.

See TempleofECK.org for more information.



Advanced Spiritual Living Courses

What will you experience?

This ever-expanding adventure can bring you personal transformation from the moment you begin. This includes

- monthly **self-discovery** courses with advanced **spiritual techniques** for private study;
- opportunities to explore the courses in **small-group discussion classes**;
- quarterly letter and updates from a **God-Realized teacher** with timely perspectives;
- **spiritual initiations**—profound steps of enlightenment;
- **a community of like-hearted people** who respect spiritual freedom and love truth;
- opportunities for further spiritual training and service.

A new class on Zoom begins on Wednesday, October 11
6:30 - 8:00 p.m.

To learn more, call (800) 591-0694. Or visit Eckankar.org/engage/advanced-spiritual-living

The purpose of the ECK teachings is not just to have experiences of God's help, but to learn to recognize them when they come. This is consciousness—being aware of what is happening in your life.

—Harold Klemp, *The Drumbeat of Time*, Mahanta Transcripts, Book 10, p. 50

Mid-Missouri

Jefferson City/Columbia/Rolla

Contact: (800) 591-0694

Experience the Sound of Soul Develop a Powerful Spiritual Practice

Easy ways to connect with

Divine Spirit everyday

Sunday, December 3

11:00 a.m. – 12:00 p.m.

Best Western Plus Capital Inn

Tuscany Room

1937 Christy Drive

Jefferson City, MO 65101

Guest Chat

How to Interpret the Waking Dream

Daily events can be read for spiritual insights and help

Second Wednesday of each month

October 11, November 8, and

December 13

11:00 a.m. – 12:00 p.m.

Yanis Coffee Zone

130 East High Street

Jefferson City, MO 65101

Spiritual Discussions

Third Tuesday of each month

2:00 – 3:00 p.m.

University of Missouri

Student Center, 2nd Floor,

Study Group Room A

911 E. Rollins Street

Columbia, MO 65211

October 17

Spiritual Stress Relief

Techniques and Inspiration to Survive and Thrive

November 21

Finding Your Life's Purpose

What's your special reason for coming into this lifetime?

December 19

Divine Guidance: Gifts of Intuition, Dreams, Nudges, and Signs

Springfield

Springfield Eckankar Center

1740 South Glenstone

Suite J, Room 2, Glenstone Square

Springfield, MO 65804-1514

Mailing address:

Springfield Eckankar Center

P.O. Box 3811

Springfield, MO 65804-3811

Contact: (800) 591-0694

All events are held in-person at the Eckankar Center unless noted.

Experience the Sound of Soul

First Sunday in November and December

11:00 a.m. – 12:00 p.m.

Sunday, November 5

Sparkplug to Spiritual Growth

Discover HU, ancient mantra and sacred sound

Sunday, December 3

How to Enliven Every Aspect of Your Life

Access the God-Current with HU, ancient mantra

Spiritual Discussions

Third Wednesday of each month

7:00 – 8:00 p.m.

Library Center

Community Room A

4653 South Campbell Avenue

Springfield, MO 65810-1723

October 18

Recognizing Spiritual Guides – Learn from Spiritual Masters

November 15

Using Spiritual Tools to Solve Problems

December 20

Relationships: Understanding Their Spiritual Lessons

Sri Harold's Video & Discussions

Fourth Sunday of October and November

11:00 a.m. – 12:00 p.m.

October 22

An Excerpt from "What's It All About?"

November 26

An Excerpt from "The Foolish of God"

www.Eckankar-Missouri.org

St. Louis

St. Louis Eckankar Center

9958 Lin Ferry Drive
St. Louis, MO 63123

Mailing Address:

P.O. Box 16877
Clayton, MO 63105

Contact: (800) 591-0694

Open: Fourth Saturday of each month
6:30 – 7:30 p.m.

All events are held in-person at the Eckankar Center unless noted.

ECK Light and Sound Service
Creative Imagination– Soul's Toolbox
Sunday, December 3
11:00 a.m. – 12:00 p.m.

Experience the Sound of Soul

Third Sunday of each month
11:00 a.m. – 12:00 p.m.

October 15

Connect with the Life Force

Experience HU, The Sound of Soul

November 19

Develop a Powerful Spiritual Practice

*Easy ways to connect with
Divine Spirit everyday*

December 17

Tune In to the God Force

*Discover HU, a natural way to connect
with Spirit*

Sri Harold's Video & Discussion

Sunday, November 5
11:00 a.m. – 12:00 p.m.

An Excerpt from "Love in Motion"

Roundtable Discussions

Fourth Sunday in October and November
11:00 a.m. – 12:00 p.m.
October 22

Living with Spiritual Grace

November 26

How the Living ECK Master Helps You Resolve Karma

Other ECK Events

Harji Luncheon

Sunday, October 29
11:00 a.m. – 12:00 p.m.

Open House

Sunday, October 29
12:00 – 2:00 p.m.

A time of good food and company where the principles of ECK can be discussed. Please bring a dish if you are able. Open House to follow luncheon.

Sound of Soul Events

Experience the Sound of Soul

Second Monday of each month

11:00 a.m. – 12:00 p.m.

St. Louis County Library

Meramec Valley Branch

1501 San Simeon Way

Fenton, MO 63026

October 9

Fifteen Minutes to Change Your Life

*Explore a daily spiritual practice for
more joy, wisdom, peace*

November 13

How to Enliven Every Aspect of Your Life

*Access the God-Current with HU,
ancient mantra*

December 11

Awaken to Higher Consciousness

Tune into the Sound Current with HU

Other Sound of Soul Event

*Discover Inner Peace and Calm by
singing HU, the Sound of Soul.*

Thursday, October 5 and

Thursday, November 2

12:00 – 1:00 p.m.

River Bend Yoga

100 West 3rd Street

Alton, IL 62002

Guest Chats

Fourth Saturday of each month

6:30 – 7:30 p.m.

October 28

Is There More to Life Than What You See?

November 25

ECK Wisdom on Inner Guidance

December 23

Master the Spiritual Laws of Life

Spiritual Discussions

First Thursday of each month

10:00 – 11:00 a.m.

Barnes and Noble Booksellers

West County Mall

113 West County Center

Des Peres, MO 63131

October 5

Past Life Recall for a Better Today

Learn from the past to improve your now

November 2

Conquering Fear

What Is the Key to Overcoming Fear?

December 7

Love and Gratitude: Keys to Good Health

Kansas City

Kansas City ECK Information Center

P.O. Box 10493

Kansas City, MO 64171-0493

Contact: (800) 591-0694

Spiritual Discussion Life After Death

Keys to unlocking the mystery

Saturday, December 2

11:00 a.m. – 12:00 p.m.

Kansas City Public Library

Trails West Branch

11401 East 23rd Street

Independence, MO 64052

Statewide ECK Events on Zoom

You must **RSVP** to obtain a Zoom link and may attend by computer or phone. Send your name, email address, and the name of the event you wish to attend to **Zevents@Eckankar-Missouri.org** or call (800) 591-0694 and leave a message about the event you are interested in.

ECK Light and Sound Service Divine Help in the Hour of Need

Sunday, October 1

11:00 a.m. – 12:00 p.m.

Spiritual Discussion Life After Death

Keys to unlocking the mystery

Thursday, December 14

7:00 – 8:00 p.m.

New in October!

Advanced Spiritual Living

The Easy Way Discourses

A new Easy Way class will begin on Wednesday, October 11 and meet on the second Wednesday of each month from 6:30 – 8:00 p.m. Call (800) 591-0694 for more information.

Spirit will work with each person, with each one of you, in a way that is right for you.

—Harold Klemp, *Touching the Face of God*, p. 33

The Missouri ECKANKAR Newsletter

Missouri Satsang Society, Inc.

P.O. Box 16877

Clayton, MO 63105

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A free subscription to *The Missouri ECKANKAR Newsletter* is offered to non-members of Eckankar. To request a complimentary offer, please call (800) 591-0694 or mail the form to the address below.

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

Telephone: _____

E-mail (optional): _____

Change of Address: _____ Are you a member of Eckankar? _____

New Subscription: _____ Renew Subscription: _____

Choose one option: Non-member, free: _____ One year, \$20.00: _____ Two years, \$40.00 _____

Mail to:
The Missouri ECKANKAR Newsletter
Missouri Satsang Society, Inc.
P.O. Box 16877
Clayton, MO 63105

Note: Members receive supplemental information with their newsletter.

To cover costs, we request a \$20.00 annual donation from members. According to federal guidelines, the material value of this publication is insubstantial and therefore the full amount of your contribution is tax deductible. Please make your check payable to **Missouri Satsang Society, Inc.**

Moving? - Be sure to send your change of address to the address listed above to avoid interruption of delivery. The United States Postal Service will not forward bulk mail.