



Harold Klemp  
The Spiritual Leader of Eckankar

# *The Missouri ECKANKAR Newsletter*

*ECKANKAR, The Path of Spiritual Freedom*



**News of public Eckankar events in Missouri  
July – August – September 2023**

## **To See Your Life More Clearly**

When you sing the name of God with love, the bindings and bands that constrain Soul will begin to unwind. Not all at once but very slowly, at a rate you can understand and accept. As these bindings are released, Soul rises in spiritual freedom.

As Soul, you are like a balloon that rises above the ground. The higher you go, the farther you can see. And the farther you can see, the better you can plan your life.

Here's a simple spiritual exercise you can try. As you sit in contemplation, close your eyes and sing HU a few times, then become quiet.

Listen to the sounds you hear coming in from the physical world. Try to identify each one as it comes to your attention, and then eliminate it. One by one, take each sound—an airplane flying over, a cricket, the hum of the refrigerator—and imagine yourself putting it in a basket.

As you keep taking away the sounds that you can identify, you will discover the Sound that always is. HU, the sound behind all sounds. The Word of God.

This spiritual exercise will help you hear it.

—Harold Klemp, *HU, the Most Beautiful Prayer*, pp. 37–38



## **The Power of Grace**

### **A SECRET TO SPIRITUAL LIVING**

October 20 – 22, 2023

“We live in a time of unequalled spiritual opportunity. The daily struggles that life presents are opportunities to cultivate spiritual grace.

Graceful living is to realize that everything that comes into your life is for the good. It is having the grace to accept God's will as it appears.”

Sri Harold Klemp,  
Featured Speaker

*More info to come*

## **ECK Soul Adventure Magazine**

[Eckankar.org/eck-soul-adventure-magazine](http://Eckankar.org/eck-soul-adventure-magazine)

This eMagazine shares adventures of divine miracles, amazing spiritual artwork, keys to raising your spiritual IQ, and techniques to consciously connect with the God Current.

## **Eckankar Missouri Meetup Groups**

### **Kansas City**

[Meetup.com/eckankarinkansascity](https://www.meetup.com/eckankarinkansascity)

### **Mid-Missouri**

[Meetup.com/eckankarinmidmissouri](https://www.meetup.com/eckankarinmidmissouri)

### **Springfield**

[Meetup.com/eckankarinspringfield](https://www.meetup.com/eckankarinspringfield)

### **St. Louis**

[Meetup.com/eckankarinsaintlouis](https://www.meetup.com/eckankarinsaintlouis)

## St. Louis

### St. Louis Eckankar Center

9958 Lin Ferry Drive  
St. Louis, MO 63123

#### Mailing Address:

P.O. Box 16877  
Clayton, MO 63105

**Contact:** (800) 591-0694

**Open:** Fourth Saturday of  
each month 6:30 – 7:30 p.m.

**All events are held in-person at the  
Eckankar Center unless noted.**

### ECK Light and Sound Service

#### Have You Heard the Call of Soul?

Sunday, September 3  
11:00 a.m. – 12:00 p.m.

### Experience the Sound of Soul

Third Sunday of each month  
11:00 a.m. – 12:00 p.m.

July 16 and August 20

**Note:** The September 17 Sound of Soul  
will be held at the Founder's Day Picnic

### Other Sound of Soul Event

Thursday, September 7  
12:00 – 1:00 p.m.  
River Bend Yoga  
100 West 3rd Street  
Alton, IL 62002

### Sri Harold's Video & Discussion

11:00 a.m. – 12:00 p.m.  
Sunday, August 6

**An Excerpt from "Change Is Change"**

### Roundtable Discussions

Fourth Sunday of each month  
11:00 a.m. – 12:00 p.m.

July 23

### Getting Over the Fear of Death

August 27

### The Spiritual Side of Family and Relationships

September 24

### At a Crossroads—Following Your Inner Guidance

---

[www.Eckankar-Missouri.org](http://www.Eckankar-Missouri.org)

### Guest Chats

#### Spiritual Lessons from Your Dreams

Fourth Wednesday of each month  
July 26, August 23, and September 27  
1:30 – 2:30 p.m.

St. Louis Bread Company  
909 Arnold Commons Drive  
Arnold, MO 63010

#### Finding Your Life's Purpose

*What's your special reason for coming  
into this lifetime?*

Fourth Saturday of each month  
July 22, August 26, September 23  
6:30 – 7:30 p.m.

### Spiritual Discussions

#### Life After Death—What Happens When We Die?

July 10 and July 24

#### Past Lives, Present Lessons—Gaining Spiritual Freedom From the Past

August 14, August 19, and August 28

#### Where Do We Go in Our Dreams?

*Dive deeper into the purpose and  
meaning of your dreams*  
September 16 and September 25

**Note:** The Spiritual Discussions will be  
held in several locations this quarter:

July 10 and August 14  
7:00 – 8:00 p.m.  
St. Louis County Library  
Meramec Valley Branch  
1501 San Simeon Way  
Fenton, MO 63026

July 24, August 28, and September 25  
1:00 – 2:00 p.m.

St. Louis County Library  
Cliff Cave Branch  
5430 Telegraph Road  
St. Louis, MO 63129

August 19 and September 16

11:00 a.m. – 12:00 p.m.  
Jefferson County Library  
Windsor Branch  
7479 Metropolitan Boulevard  
Barnhart, MO 63012

### Other ECK Events

#### Harji Luncheon

Sunday, July 30  
11:00 a.m. – 12:00 p.m.  
A time of good food and company where  
the principles of ECK can be discussed.  
Please bring a dish if you are able.

### Eckankar Founder's Day Event

Sunday, September 17

11:00 a.m. – 2:00 p.m.

Family and friends are warmly invited  
to join us as we celebrate Eckankar  
Founder's Day. This will be a special  
event as we start with the Sound of Soul.  
We'll enjoy music, hearing an audio  
excerpt from Paul Twitchell, the  
modern-day founder of Eckankar, and  
much more, followed by a potluck lunch.  
Call (800) 591-0694 for location and  
more information.

## Statewide ECK Events on Zoom

You must **RSVP** to obtain a Zoom link  
and may attend by computer or phone.  
Send your name, email address, and the  
name of the event you wish to attend to  
**[Zevents@Eckankar-Missouri.org](mailto:Zevents@Eckankar-Missouri.org)** or  
call (800) 591-0694 and leave a message  
about the event you are interested in.

### Spiritual Discussion

#### Change Your Life with Divine Imagination

*Magnify the creative spark within you*  
Sunday, July 2  
11:00 a.m. – 12:00 p.m.

### New in July!

#### Advanced Spiritual Living

##### *The Easy Way Discourses*

A new Easy Way class will begin on  
Wednesday, July 12 and meet on the  
second Wednesday of each month from  
6:30 – 8:00 p.m. Call (800) 591-0694  
for more information.



## Springfield

### Springfield Eckankar Center

1740 South Glenstone  
Suite J, Room 2, Glenstone Square  
Springfield, MO 65804-1514

#### Mailing address:

Springfield Eckankar Center  
P.O. Box 3811  
Springfield, MO 65804-3811  
**Contact:** (800) 591-0694

**All events are held in-person at the Eckankar Center unless noted.**

### Experience the Sound of Soul Fifteen Minutes to Change Your Life

Sunday, August 6  
11:00 a.m. – 12:00 p.m.

### Develop a Powerful Spiritual Practice

Sunday, September 3  
11:00 a.m. – 12:00 p.m.

### Spiritual Discussions

Second Thursday of each month  
1:00 – 2:00 p.m.

July 13

### Listening to Your Inner Guidance

August 10

### Is There More to Life Than What You See?

September 14

### Past Lives and Reincarnation—Has the Past Shaped Who You Are?

Third Wednesday of each month  
7:00 – 8:00 p.m.

Library Center

Community Room A  
4653 South Campbell Avenue  
Springfield, MO 65810-1723

July 19

### Conquer a Life of Fear

August 16

### How to Find Heaven on Earth

September 20

### Spiritual Stress Relief

### Sri Harold's Video & Discussions

Fourth Sunday of each month  
11:00 a.m. – 12:00 p.m.

July 23

### An Excerpt from "A Golden Contract"

August 27

### An Excerpt from "Doing Our Part"

September 24

### An Excerpt from "Just Keep Trying"

### Advanced Spiritual Study

#### The Easy Way Discourses

Begins July 12 with Welcome Letter  
6:30 – 8:00 p.m.  
Call (800) 591-0694 for more information or to join the class.

### Other ECK Events

#### Eckankar Founder's Day Event

Sunday, September 17  
11:00 a.m. – 2:00 p.m.  
We will begin with **The Sound of Soul, Passkey to the Inner Worlds**, with the potluck lunch following. We'll enjoy hearing about Paul Twitchell and the modern-day teachings of Eckankar.  
Call (800) 591-0694 for location and more information.

## Kansas City

### Kansas City ECK Information Center

P.O. Box 10493  
Kansas City, MO 64171-0493  
**Contact:** (800) 591-0694

### ECK Light and Sound Service Creative Imagination—Soul's Toolbox

Sunday, August 6  
11:00 a.m. – 12:00 p.m.  
Hilton Garden Inn  
19677 East Jackson Drive  
Independence, MO 64057

### Guest Chat

#### Divine Guidance

#### Gifts of Intuition, Dreams, Nudges, and Signs

Wednesday, July 12  
6:30 – 7:30 p.m.  
Kansas City Public Library  
Trails West Branch  
11401 East 23rd Street  
Independence, MO 64052

### Other ECK Events

#### Eckankar Founder's Day Event

Sunday, September 17, 11:00 a.m.  
We will begin with the Sound of Soul event with the luncheon following. Please bring your own food, drinks, and tableware for you and your family.  
Call (800) 591-0694 for location and more information.

## Mid-Missouri

### Jefferson City/Columbia/Rolla

**Contact:** (800) 591-0694

### Guest Chat

#### Past Life Recall for a Better Today

*Learn from the past to improve your now*  
Third Wednesday  
August 16, and September 20  
11:00 a.m. – 12:00 p.m.  
Yanis Coffee Zone  
130 East High Street  
Jefferson City, MO 65101

### Spiritual Discussion

#### Finding Your Life's Purpose

*What's your special reason for coming into this lifetime?*

Sunday, August 6  
11:00 a.m. – 12:00 p.m.  
Best Western Plus Capital Inn  
Tuscany Room  
1937 Christy Drive  
Jefferson City, MO 65101

### Other ECK Events

#### Eckankar Founder's Day Event

Sunday, September 17, 12:00 noon  
Family and friends are warmly invited to join us as we celebrate Eckankar Founder's Day. This will be a special event as we start with the Sound of Soul. We'll enjoy music, hearing an audio excerpt from Paul Twitchell, the modern-day founder of Eckankar, and much more, followed by a potluck lunch. Call (800) 591-0694 for location and directions.

### Eckankar Founder's Day

September 17, an ECKANKAR holiday honoring PAUL TWITCHELL and his mission to establish the modern-day teachings of Eckankar. It is a day of gratitude and thanksgiving observed on the anniversary of Twitchell's TRANSLATION.

—Harold Klemp,  
*A Cosmic Sea of Words: The ECKANKAR Lexicon*, p. 57

**Sometimes a lesson derived from the dream state brings a healing.**

—Harold Klemp, *The Dream Master*,  
Mahanta Transcripts, Book 8, p. 121

***The Missouri ECKANKAR Newsletter***

Missouri Satsang Society, Inc.

P.O. Box 16877

Clayton, MO 63105

NONPROFIT ORG  
U.S. POSTAGE  
**PAID**  
ST. LOUIS, MO  
PERMIT NO. 479

Change Service Requested

**Subscription to *The Missouri ECKANKAR Newsletter***

A free subscription to *The Missouri ECKANKAR Newsletter* is offered to non-members of Eckankar. To request a complimentary offer, please call (800) 591-0694 or mail the form to the address below.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail (optional): \_\_\_\_\_

Change of Address: \_\_\_\_\_ Are you a member of Eckankar? \_\_\_\_\_

New Subscription: \_\_\_\_\_ Renew Subscription: \_\_\_\_\_

Choose one option: Non-member, free: \_\_\_\_\_ One year, \$20.00: \_\_\_\_\_ Two years, \$40.00 \_\_\_\_\_

Mail to:  
*The Missouri ECKANKAR Newsletter*  
Missouri Satsang Society, Inc.  
P.O. Box 16877  
Clayton, MO 63105

**Note:** Members receive supplemental information with their newsletter.

To cover costs, we request a \$20.00 annual donation from members. According to federal guidelines, the material value of this publication is insubstantial and therefore the full amount of your contribution is tax deductible. Please make your check payable to **Missouri Satsang Society, Inc.**

**Moving?** - Be sure to send your change of address to the address listed above to avoid interruption of delivery. The United States Postal Service will not forward bulk mail.