

E X P E R I E N C E

*The* Sound  
*of* SOUL

Discover

Your inner guidance  
Healing for body, mind, and spirit  
A higher form of creativity



ECKANKAR

The Path of Spiritual Freedom

# HU is a carrier of love between you and God.

—Sri Harold Klemp

HU is a sacred sound and ancient mantra. It is an ancient name for God that has been sung for thousands of years in many lands for spiritual unfoldment.

HU can uplift people of any religion, culture, or walk of life.

You're invited to experience chanting *HU*, contemplative time, and spiritual conversation with others of like heart.

Experience some of the many benefits of HU:

- Inner peace and calm
- Divine love
- Expanded awareness
- Spiritual self-discovery and growth
- Healing of the heart

“Love is love. And you are that.  
HU is the Sound of Soul.”

—Sri Harold Klemp, *The Sound of Soul*